

Sanchia (00:10.606)

starting in three, two, one. Greetings, beautiful souls and welcome to another episode of the Divine Dosage Podcast. I'm your host, Sanchiya Divine, and I am so grateful that you have chosen to spend some time with me today. Whether you're listening from the comfort of your home, during your morning walk or while driving to work, I want to thank you for being here and for prioritizing your spiritual growth. Today's episode, is an amazing, powerful episode. right, I have some thunder, lightning, and the rain is confirming this, okay? Like my front door just blew open, the room that I'm in, the door blew open, flew open, some powerful energies are around, all right? The high energies, they're about. And I'm loving it, okay? So today's episode is very close to my heart.

We're going to dive deep into a topic that is central to my work and my own personal journey. Understanding the divine feminine. We'll explore what the divine feminine truly is, why it's so important and how you can begin to activate this powerful energy within yourself. Woo wee. Speaking of the divine feminine, this topic is very fitting at this time for me.

At the time of my recording this episode, I'm still on an energetic high from the weekend that I spent in San Diego for my Priestess Porter retreat hosted by none other than Erin Lyons. If you know, you know, and if you don't, you better go ask somebody. Anyway, am truly grateful to have been around some high energy beings, wonderful souls that I now get to call my soul sister tribe of divine feminines.

I am elated because not only is this in alignment with what I have been manifesting, it is amazing to embody my divine feminine knowing that I am fully surrounded by it as well. Like, I mean, I could barely put it into words. The weekend was an immersion of us climaxing to the highest of highs. And I celebrate my sisterhood.

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as we step into our individual roles of assisting with the ascension of this planet. I have made lifetime bonds with some truly gifted souls, and I would like to take this opportunity to shout out my sisters. I love you all. I am blessed and grateful to have been a part of this magnificent experience with you all. I have been training with Erin for the last four months, and a big shout out to Erin and her amazing team, including Kim.

You are such a sweet and gentle soul. My quantum hand healing mudras have been activated. My light language has been activated and I learned so much from my soul sisters and brother Wale. Shout out to Misha for gifting me these fabulous earrings. Woo hoo. And shout out to my Rumi Tanisha. You are such a vibe. I celebrate you sister. All right. Cici, thank you for sharing your wisdom.

I mean, for a, are young in age, but you are such a wise and old soul. mean, everyone came with a unique vibe that we were all able to mesh into one. Such a high vibration, such a high vibration. And I am just so grateful and I wanted to give thanks and just sharing this gratitude. yes. All right. So.

Let's start with the basics. What is the divine feminine? The divine feminine is an energy, a force that exists within all of us, regardless of gender. It is the source of our intuition, our creativity, our nurturing abilities, and our connection to the universe and all living things. The divine feminine is often associated with qualities like compassion, empathy, love, and healing.

It comes from the heart and is part of us and is the part of us that is deeply connected to the earth and the cycles of nature. However, the divine feminine has purposely been suppressed and undervalued for centuries by those who know the value and true purpose of the divine feminine being the center of ascension for the collective and this planet. All right. So y'all heard me right purposely.

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It has been purposely suppressed. wanted to reiterate that. Okay. So yeah, we've been living in a world that prioritizes the masculine action, logic, and control while neglecting the feminine qualities of receptivity, intuition, and flow. This imbalance has led to a lot of the pain and disconnection that we see in the world today, both on a personal and collective level.

But here's the good news. The divine feminine is rising. All right. More and more people are waking up to the importance of this energy and are beginning to embrace it in their lives. When we activate the divine feminine within ourselves, we step into our true power. We become more into not only with our bodies, our emotions and our intuition, but with, but with source.

our planet and the universe. We become more compassionate, more loving and more connected to the people and the world around us. So how do we activate the divine feminine? Hmm. It begins with awareness, being aware of your frequency level and vibration. Start by recognizing and healing any trauma within that is causing limiting beliefs of lack and unworthiness. Healing trauma.

Namely inner childhood trauma is the core of releasing whatever is not serving your highest good and the highest good of our planet. Abundance is our true state of being. Abundance is our birthright. We are limitless. Patterned after our creator source, who is limitless. The universe is limitless and aims to co-create with us in abundance. All right, our planet is limitless and is always expanding.

Observe nature and notice she is always creating, always seeking to expand. Pay attention to the times when you're in your feminine energy, when you're being creative, when you're nurturing yourself or others, when you're listening to your intuition.

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Acknowledge and honor these moments. Another powerful way to activate the divine feminine is through rituals and practices that connect you to your inner self. This could be something as simple as journaling, meditating, or spending time in nature. It's about creating space in your life for stillness and reflection, allowing yourself to receive guidance from within. I mean...

I am anyway, let me just keep going so I could keep my train of thought, right? Remember the divine feminine is not, you know, it's not about being passive or weak. It's about being strong in a different way, a way that is rooted in love, compassion and connection. It's about embracing your full authentic self and living in alignment with your true nature.

All right. So yeah, as we close today's episode, I want to leave you with a powerful affirmation. I honor the divine feminine within me. I embrace my intuition, my compassion, and my power. I am a vessel of love and healing in this world. Thank you so much for joining me on this journey today. If this episode resonated with you, please share it with someone who might benefit from hearing it.

And if it, you know, and if you haven't already, please make sure to subscribe to the divine dosage podcast so you never miss an episode. Also, I'd love to hear your thoughts on today's topic. How are you embracing the divine feminine in your life? Connect with me on social media or leave a review and let's keep this conversation going. All right. So until next time, take care of yourselves, honor your journey and remember.

that you are a divine being worthy of all the love and joy that life has to offer. Sending you all my love and light. See you in the next episode.

Sanchia (09:29.717)

One love.